



**XXXII**  
**MEDCRUISE**  
**GENERAL ASSEMBLY**  
**TRIESTE, 21-24 MAY 2008**





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**XXXII Trieste GA Programme**

**Wednesday, 21 May 08**

12.00	Arrival of Board of Directors (BOD)
13.30	BOD lunch at Duchì d'Aosta Hotel
14.30	BOD meeting, Chamber of Commerce
18.30	Welcome cocktail
20.30	Show at Verdi Theatre, Uto Ughi

**Thursday, 22 May 08**

08.30	MedCruise member registration
09.00 - 09.45	Welcome by local authorities
09.45	Press Conference
10.30	General Assembly
10.30	Tour 1 and Tour 2 leave
13.30	Lunch
14.30 - 17.30	General Assembly
17.30 - 18.00	Return of tour groups
20.30	Gala dinner

**Friday, 23 May 08**

09.00	Introduction by MedCruise President
09.15	Begin guest session
11.00	Open coffee
13.00 - 13.30	Lunch buffet
13.45 - 15.30	B to B meetings (cruiselines/journalists)
15.30	Delfino Verde Tour 3
16.00	Adriatic workshop (without journalists)
17.30	Workshop ends and tour participants return
19.30	Meeting at respective hotel's receptions
20.00	Dinner

**Saturday, 24 May 08**

09.00	Pickup point for excursion in Collio
15.00	Back to hotel

## Information about Trieste

### Climate

Trieste is located at the most northern end of the Adriatic Sea, boasting a mild Mediterranean climate.

At the end of May, Trieste usually has lots of sunshine with evenings that are relatively cooler.

The average daytime temperature is 19.3° C.

### Currency

The local currency is the Euro.

### Credit Cards

The majority of local stores and restaurants accept all major credit cards like American Express, Master Card, and Visa.

### Store Hours

Most stores are open from 09.00 -13.00 and from 15.30-19.30. The bigger department stores downtown are open non-stop until 20.00. Shops are closed on Sunday.

### What To See in Trieste

The best way to divide up the excursions in Trieste is to create two groups, those within the city and those in the vicinity. To begin, Miramare Castle, the summer residence of Maximilian of the Hapsburgs, now a museum is an obligatory stop for anyone passing through Trieste.

Then it's on to San Giusto Hill where the remains of the Roman forum are juxtaposed with the medieval fortification. The top of this hill was important for the obvious strategic benefits, but today it provides us with arguably the best views

of the city and its harbour. The cathedral is spectacular with its wooden ceiling and dramatic paintings, including St. Justin, the patron saint of Trieste.

Moving along to the twentieth century, the Risiera di San Sabba is a national monument to all Holocaust victims. The rice warehouse was used as a holding place for victims of Nazi crimes. This stop is emotional as well as educational.

For the guest who loves literature and perhaps a great cup of coffee, Trieste will be extremely

rewarding. A walking tour on foot includes the place of residence of literary giants such as James Joyce, Italo Svevo, and Umberto Saba while taking a leisurely stroll through beautiful downtown. Trieste is home to a coffee tradition that is second to none, with coffee roasting down to a science. As a consequence we have historic coffee houses which are truly unique and beautiful.

A guide will explain the architectural significance and idiosyncratic stories that belong to these charming spots.

An alternative walking tour consists of the Old Town (Città Vecchia). The Old Town is home to the "real"

Trieste with its artisans, goldsmiths, antique dealers, bookshops, potters, framers, and art galleries. It also boasts Roman ruins such as the Arco di Riccardo and the Roman theatre. Guests can stop and have a coffee at one of our historic cafes. Lunch at Buffet da Pepi, where pork delicacies are eaten standing up while drinking a cold beer, is the most genuine way to appreciate Trieste.



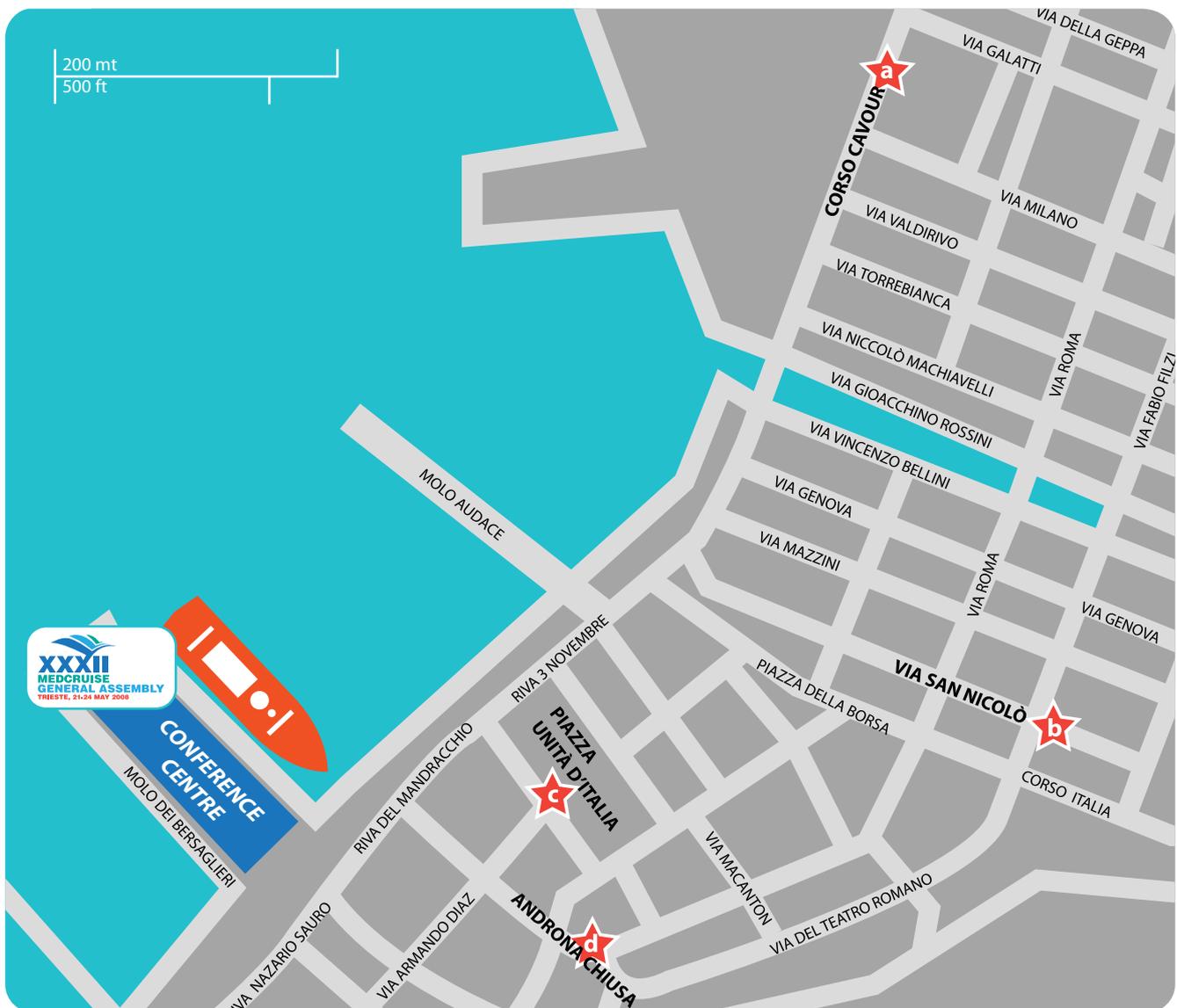
## Information about Trieste

Under Maria Teresa of the Hapsburgs, Trieste was a thriving port. As a consequence, many workers relocated to Trieste, bringing with them their diverse religious denominations. Trieste has many different types of churches which are proof to this interesting bit of history. A tour of the churches of Trieste is a walking tour which lasts half a day. Included on this tour are churches from all religions including Roman Catholic, Lutheran, Serbian Orthodox, and Greek Orthodox.



Excursions in the vicinity of Trieste are also a valid option. Probably the most popular would be the day trip by bus to Venice. Secondly, we have the most important white wine region in Italy, Collio, within an hour by bus. Tours on bicycle through the vineyards stopping off at various cellars for tastings is a lovely way to spend the afternoon. There are different itineraries for different levels of proficiency. Tours by van are also an option if a guest isn't interested in going by bicycle. A stop at the lovely Castello di Spessa is mandatory, with its fantastic cellar and unique history, boasting a night spent here by Don Giovanni. Fantastic, bucolic scenery with rolling hills and miles of grapevines everywhere.

## Hotels Location



- a** HOTEL JOLLY
- b** HOTEL CONTINENTAL
- c** GRAND HOTEL DUCHI D'AOSTA
- d** HOTEL URBAN

## Wednesday, May 21<sup>st</sup>

**18.30 – Welcome Cocktail in Piazza dell’ Unità d’Italia**

**20.30 – Uto Ughi concert – Teatro Lirico Giuseppe Verdi**

Considered one of the most important violinist of our time, **Uto Ughi** has been playing all over the world in the most important festivals and concerts. In Trieste he will perform in the beautiful **Verdi Opera House** located directly behind **Piazza dell’Unità d’Italia**. A casual elegant attire is required, no jeans please.

## Thursday, May 22<sup>nd</sup>

**Tour N°1 - Special Guests Tour – 10.30 hrs**

**Excursion Program:** will begin with a quick tour of the facilities of our Maritime Station. From there we will leave by bus for the **Risiera San Sabba**, a national monument dedicated to all Holocaust victims. We will then continue by bus to the **San Giusto Hill**, to **San Giusto Cathedral**, the Roman Forum, the medieval fortification, and the lovely **Orto Lapidario**. After visiting this area we shall go by bus to the **castle of Duino** for an aperitif, with fantastic views of the sea. Then lunch on board the Pexino, a motor sailor which will take us to Miramare Castle.

*Back to Hotel at 17.30.*

**Tour N°2 – Family and Friends Tours - 11:00 hrs**

**Excursion Program:** A guided walking tour of Trieste, including the **Arch of Riccardo, Cavana, Città Vecchia** and its artisans, the historic coffee houses of Trieste, and visits to the most important churches in the city centre. Lunch at the most traditional and unique spot in town, where all types of pork delights are served in a bustling environment. Genuine Triestino fare.

*Back to Hotel at 16.30.*

*The tours will leave from the Conference Centre Stazione Marittima*

*20.30 Gala Dinner*

## Friday, May 23<sup>rd</sup>

### **Tour N°3 Family and Friends Tours - 15.00 hrs**

Friday afternoon will be spent on board the local **Delfino Verde**. Guests will board directly from the conference centre and take a lovely tour of Trieste's harbour and old port. Sites will include **Miramare Castle**, Maximilian of the Hapsburg's summer residence, the port of Grignano, the historic lighthouse of Trieste, the wonderful small city of **Muggia** and up to the Slovenian boarder. Refreshments will be available on board.

*The tour will leave from the Conference Centre Stazione Marittima  
Back to Hotel at 17.30 hrs.*

Friday evening will be spent at one of our most traditional yet original restaurants in the area. Mini vans will take everyone to **Cigui restaurant** located in Muggia, the last town before the Slovenian border, Cigui Restaurant busts fantastic cuisine to match the equally breathtaking views of the sea. A family run affair, the food is always spectacularly paired with an excellent wine cellar.

## Saturday, May 24<sup>th</sup>

General tour beginning at 9.30 at the reception of each hotel. A bus will collect all members and bring them to the historic train station of Trieste, where a steam train ride will bring us to **Opicina**. From Opicina, we will head by bus, to the Vineyard in the heart of the internationally famous white wine region called **Collio**. The vineyard is not open to the public and has been producing wines and grappas since 1499. A wine workshop with tasting will be held, as well as a tour through the actual wine making process. Lunch will be served in the restored buildings of the Vineyard.

Casual dress

*Back to Hotel 15.30 hrs*

R.S.V.P. your ticket (May 24th tour)